

EXHIBIT B

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UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF NEW YORK

-----x
DR. PAUL M. CONTI,
Plaintiff, Case No.
- against - 17-CV-9268
JOHN DOE,
Defendant.
-----x

DEPOSITION OF PAUL S. APPELBAUM, M.D.
New York, New York
Tuesday, January 21, 2020
9:38 a.m.

Reported by:
ERICA L. RUGGIERI, RPR
JOB NO. 3850032

January 21, 2020

9:38 a.m.

Deposition of PAUL S.

APPELBAUM, M.D., held at the offices
of Judd Burstein, P.C., 5 Columbus
Circle, Suite 1501, New York, New
York, pursuant to Notice, before
Erica L. Ruggieri, Registered
Professional Reporter and Notary
Public of the State of New York.

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S T I P U L A T I O N S

IT IS HEREBY STIPULATED AND
AGREED, by and between the attorneys
for the respective parties herein,
that filing and sealing be and the
same are hereby waived.

IT IS FURTHER STIPULATED AND
AGREED that all objections, except
as to the form of the question,
shall be reserved to the time of the
trial.

IT IS FURTHER STIPULATED AND
AGREED that the within deposition may
be sworn to and signed before any
officer authorized to administer an
oath, with the same force and effect
as if signed and sworn to before the
Court.

1 PAUL S. APPELBAUM, M.D.

2 P A U L S. A P P L E B A U M,
3 called as a witness, having
4 affirmed, was examined and testified
5 as follows:

6 EXAMINATION BY

7 MR. BURSTEIN:

8 Q. Good morning,
9 Dr. Appelbaum.

10 A. Good morning.

11 Q. I know that you've been
12 deposed before from your report
13 but...

14 MR. BURSTEIN: Usual stips by
15 the way?

16 MS. ROSENFELD: Federal court.

17 MR. BURSTEIN: Right. You
18 know, basically the rules. He
19 doesn't have to sign in the
20 presence of a notary. Even though
21 it's all objections except for --
22 all objections other than form are
23 reserved. Basically the normal
24 stuff.

25 MS. ROSENFELD: Right. And we

1 PAUL S. APPELBAUM, M.D.

2 messages that is the focus of this
3 litigation, and for the purposes of
4 this question I'm going to ask you
5 to assume that there are e-mail
6 messages of the type that are at
7 issue in this case?

8 MS. ROSENFELD: Objection to
9 form.

10 Q. And is there -- are there
11 any peer-review articles discussing
12 issue number one that you are aware
13 of?

14 MS. ROSENFELD: Objection to
15 form.

16 A. Not that I'm aware of as I
17 sit here today.

18 Q. Are there any rules of
19 conduct issued by a psychiatric
20 organization that specifically
21 addresses issue number one?

22 MS. ROSENFELD: Objection to
23 form.

24 A. I'm not aware of written
25 rules that specifically address

1 PAUL S. APPELBAUM, M.D.

2 responding to text and e-mail
3 messages of this sort.

4 Q. Okay. Are you aware of any
5 generally accepted standard within
6 the psychiatric community for
7 addressing the issue raised -- that
8 you opined on in number one?

9 A. Yes. I think there are
10 generally accepted standards in
11 psychiatry today.

12 Q. And what are those
13 standards?

14 A. Those standards are that a
15 psychiatrist in responding to
16 patient communications, whether they
17 are text, e-mail, phone calls or
18 face-to-face communications needs to
19 attempt to understand them in the
20 context of the treatment and the
21 patient's condition, not necessarily
22 taking them at face value but
23 assessing them with regard to the
24 nonverbal as well as the verbal
25 aspects of the communication, that

1 PAUL S. APPELBAUM, M.D.

2 is what the latent meaning of these
3 communications may well be. And in
4 responding doing so in a way that's
5 consistent with the overall thrust
6 of the treatment.

7 Q. Is that generally accepted
8 standard also applicable to
9 psychiatrists who are -- who have
10 terminated treatment where the
11 patient has new therapists, whether
12 it be psychiatrists or
13 psychologists?

14 A. So I think a psychiatrist
15 has an ongoing obligation not to
16 undermine the previous treatment or
17 otherwise endanger the well being of
18 a former patient, whether or not
19 that patient has linked up with a
20 new treater.

21 Q. And is it your view that
22 the psychiatrist's duty with respect
23 to the standard of care that you've
24 just identified is the same whether
25 the psychiatrist is treating a

1 PAUL S. APPELBAUM, M.D.

2 current patient as opposed to a
3 psychiatrist who is no longer
4 treating the patient?

5 MS. ROSENFELD: Objection to
6 the form.

7 A. Although there are clearly
8 differences with regard to the
9 responsibility of a psychiatrist for
10 a former patient compared with a
11 current patient insofar as the
12 specifics of what I just described
13 are concerned, which is to say not
14 responding in a counter-therapeutic
15 way and keeping in mind the long
16 term welfare of the patient, I don't
17 think there are significant efforts
18 as before and after termination.

19 Q. Are you aware of any
20 scholarly articles that are peer
21 reviewed addressing the issue of a
22 psychiatrist's obligation to
23 interacting with prior patients?

24 A. I think there are articles
25 that speak about some aspects of

1 PAUL S. APPELBAUM, M.D.

2 those obligations but I'm not aware
3 of any that speak -- well, let me
4 back up and say it in a clearer way.

5 There are certainly writings
6 that speak to the general principle
7 not undermining the previous
8 treatment and not injuring the
9 patient deliberately in any way,
10 that is having the patient's welfare
11 in mind even when the patient
12 becomes a former patient, and there
13 are a variety of specific ways in
14 which that general principle plays
15 out. I'm not aware of anybody who
16 has written specifically about
17 responding to text and e-mail
18 messages but I think the general
19 principle is there and is clear.

20 Q. Are there any peer review
21 articles addressing a psychiatrist's
22 obligation post termination of the
23 patient when the -- when a patient
24 sends threatening e-mails and texts?

25 A. I'm not aware of such an

1 PAUL S. APPELBAUM, M.D.

2 article.

3 Q. Are there any generally
4 accepted standards, other than the
5 general one that you just
6 identified, to deal with the
7 specific issue of a patient who is
8 no longer treated by the
9 psychiatrist sending threatening
10 texts and e-mails?

11 MS. ROSENFELD: Objection to
12 form.

13 A. I think that I would
14 respond as I did previously, which
15 is to say there are general
16 principles that govern post
17 termination relationships and that
18 that is what would be applied to
19 this circumstance. I'm not aware of
20 peer review articles that have
21 considered that specifically but I
22 think the general principles have
23 certainly been addressed.

24 Q. Just to be clear, there's
25 no standards issued by any

1 PAUL S. APPELBAUM, M.D.
2 recognized standards or rules issued
3 by any recognized professional
4 organization such as the APA which
5 address that specific issue?

6 MS. ROSENFELD: Objection to
7 the form.

8 A. I'm not aware of specific
9 writings from APA that have
10 addressed that narrow issue as
11 opposed to the broader principles.

12 Q. Or any -- other than
13 general principles, any generally
14 accepted practice with respect to
15 that specific issue --

16 MS. ROSENFELD: Objection to
17 the form.

18 Q. -- of post termination
19 threatening e-mails and texts?

20 A. So I think the generally
21 accepted practice is to behave in a
22 way that is consistent with those
23 principles I described.

24 Q. And now drilling down to
25 the individual therapist applying

1 PAUL S. APPELBAUM, M.D.

2 these principles, does the
3 application of those principles
4 involve the exercise of judgment by
5 the treating psychiatrist?

6 A. I think in part it does.

7 Q. And is it your view that a
8 psychiatrist presented, for example,
9 with hostile texts that there is
10 only one response that would be
11 professionally responsible in those
12 circumstances?

13 A. Given that there will be a
14 large number of contingencies
15 surrounding any particular case, I
16 think those contingencies need to be
17 taken into account. I'm not
18 prepared to say there's just one
19 right response.

20 Q. Are you aware of any
21 psychiatrist who has been punished
22 or sanctioned by state authority for
23 the manner in which he responded to
24 threats by a patient?

25 A. No. But I would not

1 PAUL S. APPELBAUM, M.D.

2 necessarily know if it had happened
3 because I certainly don't track
4 every disciplinary action by every
5 state medical board.

6 Q. Are you aware of any -- is
7 there a -- does the APA, for
8 example, have a disciplinary
9 committee?

10 A. The Ethics Committee -- let
11 me say it differently. The APA has
12 a disciplinary structure which
13 involves both the district branches,
14 roughly the state societies,
15 although some states like New York
16 have multiple district branches, as
17 well as the national Ethics
18 Committee.

19 In general, disciplinary
20 proceedings are initiated at the
21 state level and then can be appealed
22 to the national level. There was
23 previously something called the
24 Ethics Appeals Board which I chaired
25 for two years that handled those

1 PAUL S. APPELBAUM, M.D.

2 Are there any peer review articles
3 of which you are aware which address
4 issues -- I did a terrible job
5 again. I'm sorry. One more time.

6 Are you aware of any peer
7 review articles which address a
8 physician's right to commence
9 litigation against a patient?

10 MS. ROSENFELD: Objection to
11 form.

12 A. There are articles or books
13 that touch on the question that have
14 redress for nonpayment which
15 consider a range of options which
16 the ultimate one is a lawsuit. I'm
17 not aware of peer review articles
18 that address any other instances
19 related to lawsuits against former
20 patients.

21 Q. Okay. Are you aware of any
22 rules or standards issued by any
23 recognized association, such as the
24 APA, which addressed the issue of a
25 physician's right to commence

1 PAUL S. APPELBAUM, M.D.

2 litigation against a client for
3 reasons other than fees?

4 A. No. But given that it's
5 such an extraordinary situation I'm
6 also not surprised that there are
7 not standards which generally deal
8 with more common circumstances.

9 Q. And I take it then that
10 there's also no generally accepted
11 standard within the psychiatric
12 committee -- community addressing
13 the issue of a physician's right to
14 commence litigation against a client
15 for a reason other than nonpayment
16 of fees?

17 MS. ROSENFELD: Objection to
18 the form.

19 A. So I would respond as I did
20 before by saying there are, as in
21 much of psychiatric practice,
22 general principles that should be
23 applied. We discussed briefly what
24 I think those principles are. But
25 not specific application of those

1 PAUL S. APPELBAUM, M.D.

2 principles to the issue that you are
3 asking about, namely commencing a
4 lawsuit.

5 Q. Are you aware of any peer
6 review articles, slightly different
7 question, which address the issue of
8 ethical limitations on a
9 psychiatrist's right to sue a
10 patient for harassing or abusive
11 behavior?

12 A. I'm not.

13 Q. And is your answer the same
14 with respect to standards, ethical
15 standards or rules issued by a
16 recognized psychiatric association?

17 MS. ROSENFELD: Objection to
18 the form of the question.

19 A. If you are asking whether
20 they specifically address suing
21 former patients, my answer is no,
22 I'm not aware of anything that
23 specifically addresses that unusual
24 issue.

25 Q. Are you aware of any state

1 PAUL S. APPELBAUM, M.D.

2 authority or any -- any state
3 authority issuing a ruling or
4 discipline because -- from the fact
5 that a psychiatrist commenced a
6 proceeding against a patient for a
7 reason other than nonpayment of
8 fees?

9 A. I am not.

10 Q. Are you aware of any state
11 medical board or court issuing a
12 ruling concerning limitation --
13 issuing that, sort of the same
14 question, issuing a ruling that a
15 psychiatrist acted improperly in
16 commencing a lawsuit against a
17 patient?

18 MS. ROSENFELD: Object to the
19 form of the question.

20 A. No. But I'm also not aware
21 of any other psychiatrist who has
22 ever sued a former patient other
23 than for nonpayment of fees.

24 Q. Okay. Do psychiatrists --
25 are you aware of any court decisions

1 PAUL S. APPELBAUM, M.D.

2 Q. Moving on to number three,
3 "safeguarding Doe's confidence and
4 privacy when he did choose" the
5 initiation -- "to initiate
6 litigation." I'm going to address
7 that later because there are
8 standards and ethical rules
9 concerning that issue, right?

10 A. Yes.

11 Q. But are there any such
12 standards or articles addressing the
13 question of safeguarding confidences
14 and privacy when a psychiatrist sues
15 a patient for reasons other than
16 nonpayment of fees?

17 MS. ROSENFELD: Objection to
18 the form.

19 A. Again, I would say that
20 that is so unusual and perhaps
21 unique a situation that I wouldn't
22 expect such things to exist and to
23 my knowledge they don't.

24 Q. Okay. Let's move on. If
25 we go back to paragraph 3 of PA-1.

1 PAUL S. APPELBAUM, M.D.

2 was filed on January 5th, 2018. Do
3 you see that?

4 A. Yes.

5 Q. Okay. But you refer to --
6 that the complaint that was filed on
7 November 27, 2017 -- do you know
8 where you found that date?

9 A. I do not know where that
10 came from.

11 Q. Okay. Are you aware of how
12 the process by which -- well,
13 withdrawn.

14 As you see from PA-3, it's
15 entitled Anonymized Complaint. Do
16 you see that?

17 A. Yes.

18 Q. Are you aware of the
19 process by which this complaint was
20 filed as an Anonymized Complaint?

21 A. I am not aware of any of
22 the details of the process.

23 Q. Do you have any knowledge
24 as to whether or not Mr. -- there
25 was a complaint which identified

1 PAUL S. APPELBAUM, M.D.

2 A. After his evaluation.

3 Q. How much time?

4 A. Probably approximately half
5 an hour.

6 Q. I'll go back to this but do
7 you recall what you discussed with
8 Dr. Cohen?

9 A. In general terms I asked
10 him for his assessment of the
11 evaluation and to summarize what he
12 had learned and concluded.

13 Q. And what did he tell you,
14 to your recollection?

15 A. He told me that he thought
16 Dr. -- as best I recall, that he
17 thought Dr. Conti had exaggerated
18 the threat from the patient, that he
19 was clearly extremely angry at the
20 patient and that he had acted on his
21 anger in the subsequent events,
22 which included the filing of this
23 lawsuit.

24 Q. Did he explain his reasons
25 for believing that Dr. Conti I think

1 PAUL S. APPELBAUM, M.D.

2 you said over estimated the threat?

3 A. Yes.

4 Q. And what reasons did he
5 give you?

6 A. My yes was to the language
7 of overestimating the threat.

8 MS. ROSENFELD: It was
9 actually exaggerated.

10 MR. BURSTEIN: Exaggerated.
11 Thankfully you have a better memory
12 than I do.

13 A. So he did not tell me on
14 that phone call in any great detail
15 what the explicit basis was for his
16 belief that Dr. Conti had
17 exaggerated the threat.

18 Q. Do you recall whether or
19 not you had reviewed the --
20 Dr. Hamilton's psychiatric treatment
21 records of Dr. Conti before March of
22 2019?

23 A. I don't recall.

24 Q. Okay. I'm sorry, I forgot
25 your answer about whether or not you

1 PAUL S. APPELBAUM, M.D.

2 major impressions.

3 MR. BURSTEIN: If I could just
4 ask one question.

5 MS. ROSENFELD: That's fine.
6 I didn't mean you needed to stop at
7 this --

8 Q. Do you recall what
9 impressions you had about

10 John Doe upon reviewing his
11 patient file and billing records
12 from Dr. Conti and his associated
13 mental health professionals?

14 A. I had the general sense
15 that he was not an easy patient to
16 treat. He had been through multiple
17 treatments before. Clearly he had
18 come in with a history of difficult
19 family relationships and sort of
20 tumultuous life events and even
21 during treatment continued with a
22 pattern of tumultuous events.

23 Q. And did you come to, let's
24 say, any preliminary conclusions
25 about what an appropriate diagnosis

1 PAUL S. APPELBAUM, M.D.

2 of [John Doe] would be
3 vis-à-vis his psychological issues?

4 A. So apart from his Xanax
5 addiction which everybody agrees was
6 present and the fact that he
7 manifested characterological
8 problems of a variety of sorts, I'm
9 not comfortable even today putting a
10 specific label on his diagnosis. I
11 think it's a sufficiently complex
12 case that without having evaluated
13 him face-to-face, even having read
14 the notes and his deposition and the
15 depositions of people who knew him
16 or who treated him, that I'm not
17 prepared to diagnose him.

18 Q. Were you aware that in the
19 context of this case a psychiatrist
20 retained by [John Doe's] --
21 by my side examined
22 [John Doe] ?

23 A. Yes.

24 Q. Did you read that report,
25 his report?

1 PAUL S. APPELBAUM, M.D.

2 read the counterclaim, the answer
3 and counterclaim, Exhibit 13, before
4 you wrote your final -- you
5 completed your report?

6 A. I don't remember.

7 Q. You were asked in SA-1 to
8 render an opinion about the ethical
9 issues in this case. Do you recall
10 which ethical issues were identified
11 to you as issues you should review?

12 MS. ROSENFELD: You can
13 answer, but to the extent it
14 involves disclosing the content of
15 our conversations you can't discuss
16 that.

17 MR. BURSTEIN: That's not
18 really privileged. He was retained
19 to express opinions about ethical
20 issues. I'm entitled to ask what
21 he understood those issues to be.

22 MS. ROSENFELD: That's fine.
23 He can answer that question to the
24 extent he's not disclosing the
25 content of our conversation.

1 PAUL S. APPELBAUM, M.D.

2 A. I understood those to be
3 whatever issues I could identify, if
4 there were any, related to
5 Dr. Conti's initiation of the
6 lawsuit against the patient.

7 Q. Do you know whether or not
8 all -- whether or not
9 John Doe has sought damages
10 for what you allege -- for all of
11 what you have opined are ethical
12 violations by Dr. Conti?

13 MS. ROSENFELD: Objection to
14 the form.

15 A. I don't know enough about
16 his claim to answer that.

17 Q. Now, if we go to Section 2
18 of your report, Applicable Standard
19 for Ethical Conduct of a
20 Psychiatrist. You refer to the APA
21 Principles of Medical Ethics With
22 Annotations Especially Applicable to
23 Psychiatry, correct?

24 A. Yes.

25 MR. BURSTEIN: Mark this PA-5.

1 PAUL S. APPELBAUM, M.D.
2 (Exhibit PA-5, American
3 Psychiatric Association, The
4 Principles of Medical Ethics With
5 Annotations Especially Applicable
6 to Psychiatry, marked for
7 identification, as of this date.)

8 Q. Looking at PA-5, it's a
9 document entitled American
10 Psychiatric Association, The
11 Principles of Medical Ethics With
12 Annotations Especially Applicable to
13 Psychiatry.

14 Is that the document that you
15 refer to in your report in Section
16 2?

17 A. Yes.

18 Q. It says 2013 edition. Do
19 you know whether or not there's a
20 newer edition of the Principles of
21 Medical Ethics?

22 A. I'm not aware whether
23 there's a newer edition, although
24 this would have been the edition
25 that was offered up at the time of

1 PAUL S. APPELBAUM, M.D.

2 the events involved in this case.

3 Q. Have you -- did you review
4 any other documents containing
5 ethical rules governing a
6 psychiatrist's conduct before -- in
7 reaching your opinion?

8 A. No.

9 Q. Did you review any
10 statutory statutes governing the
11 issues -- governing a psychiatrist's
12 conduct with respect to the issues
13 on which you opined in your report?

14 A. No.

15 MS. ROSENFELD: Objection to
16 the form.

17 Q. Did you review any
18 decisions of a medical board or
19 other or other state administrative
20 body addressing the issues that are
21 identified in your report as the
22 ones you opined on?

23 A. No.

24 Q. Is there a reason why you
25 did not do that?

1 PAUL S. APPELBAUM, M.D.

2 A. Insofar as I was asked to
3 testify to the ethical issues as I
4 saw them in this case, the guiding
5 principles of medical ethics for
6 psychiatrists are embodied in this
7 document and I didn't see a need to
8 explore elsewhere.

9 Q. And if we look at
10 paragraph, Section 2, paragraph 5 of
11 your report, you list a number of
12 annotations to Section 4 of the
13 principles.

14 A. Correct.

15 Q. And you do not refer to any
16 other sections of the principles in
17 your report, correct?

18 A. That's correct.

19 Q. And if we could look at
20 PA-5, Section 6, I want to read it
21 to you. "A physician shall in the
22 provision of appropriate care,
23 except in emergencies, be free to
24 choose whom to serve with whom to
25 associate and the environment in

1 PAUL S. APPELBAUM, M.D.

2 think that this provision says that.

3 Q. That's your interpretation
4 of this provision, would that be
5 fair to say?

6 A. I think you and I may have
7 different interpretations.

8 Q. But as a matter of English
9 language, would you agree that I
10 have characterized the facial
11 meaning of this?

12 MS. ROSENFELD: Objection to
13 the form.

14 A. No, I don't.

15 Q. All right. Is it your
16 opinion that it is per se unethical
17 for a psychiatrist to sue a patient
18 based upon the receipt of threats or
19 other abusive conduct by a patient?

20 A. No.

21 Q. Do you believe that a
22 psychiatrist's duty to patients
23 trumps his right as a citizen to sue
24 a patient?

25 MS. ROSENFELD: Objection to

1 PAUL S. APPELBAUM, M.D.

2 there's a great deal of literature
3 and a general acknowledgement that
4 it is not always easy to perform an
5 accurate assessment of the degree of
6 risk and that there is a tendency
7 for a variety of reasons to
8 overestimate the degree of risk and
9 it is an area of ongoing active
10 research.

11 Q. You've, in fact, written on
12 this issue a number of times,
13 correct?

14 A. Yes.

15 Q. And you, in fact, have
16 offered -- I may not be describing
17 this correctly -- a form of matrix
18 to assess risk of patients' threats?

19 A. Within the context of
20 current knowledge, recognizing the
21 uncertainties, yes.

22 Q. And has that matrix you've
23 proposed been universally accepted
24 by the psychiatric community?

25 A. I don't think anything is

1 PAUL S. APPELBAUM, M.D.

2 universally accepted by the
3 psychiatric community.

4 Q. There are differences of
5 opinion within the psychiatric
6 community as to how a psychiatrist
7 should assess the danger posed by a
8 patient, right?

9 A. I think the difference is
10 less about how to assess the risk
11 because there's general agreement
12 about what the major risk factors
13 are based on the research than there
14 is perhaps agreement about the
15 degree to which those assessments
16 can be relied upon.

17 Q. Would it be fair to say
18 that there is a consensus within the
19 psychiatric community that one
20 important element of risk assessment
21 is the clinician's judgment of the
22 situation?

23 MS. ROSENFELD: Objection to
24 the form.

25 A. I would frame that a little

1 PAUL S. APPELBAUM, M.D.

2 assessment and that there may be
3 other variables that need to be
4 taken into account as well.

5 Q. Let me ask it a different
6 way. Would you agree that three,
7 I'll say three -- withdrawn.

8 Would you agree that two
9 responsible psychiatrists take you
10 and another psychiatrist you respect
11 looked at the same facts and sought
12 to analyze whether a psychiatrist's
13 apprehension of fear and belief of
14 threat was real was reasonable. You
15 got that hypothetical?

16 A. Yes.

17 Q. Would you -- is it
18 possible -- withdrawn.

19 I would agree that two
20 responsible psychiatrists might look
21 at the same facts and one might
22 conclude that the treating
23 psychiatrist's belief about the
24 patient's danger was reasonable and
25 another responsible psychiatrist

1 PAUL S. APPELBAUM, M.D.

2 might conclude that it was an

3 unreasonable belief?

4 MS. ROSENFELD: Objection to

5 the form.

6 A. I would hope that would not
7 be the case. I think experienced
8 psychiatrists who know the
9 literature on risk assessment should
10 be able to at least concur with
11 regard to the general levels of risk
12 whether this is a low, medium or
13 high risk situation, there is in
14 fact literature suggesting that when
15 you group categories that way you
16 get higher levels of agreement. I
17 can't guarantee that any two people
18 would necessarily agree. But if
19 they are focused on the same
20 information, they should agree.

21 Q. Well, let's take a Tarasoff
22 situation. A patient -- a
23 psychiatrist has received -- learns
24 various facts from a patient,
25 observes other facts, considers

1 PAUL S. APPELBAUM, M.D.

2 lawyers. I have also been told that
3 there was a monetary demand that was
4 made in that period of time.

5 Q. And no more details?

6 A. That's about what I know.

7 Q. Did you ask for -- to see
8 any of those communications?

9 A. No.

10 Q. Well, would it not be
11 relevant to you in assessing whether
12 or not Dr. Conti overreacted to the
13 threats from John Doe to
14 examine whether or not he had first
15 made efforts to avoid suing
16 John Doe?

17 MS. ROSENFELD: Objection to
18 the form.

19 A. So I think the
20 overreactions came in the decision
21 to view John Doe's
22 communications as sufficiently
23 serious to warrant the filing of a
24 lawsuit. What transpired between
25 the lawyers I don't know. I don't

1 PAUL S. APPELBAUM, M.D.

2 know if I have ever been privy to,
3 as an expert, to communications
4 among the lawyers in a case.

5 Q. Would be one way of --
6 would one way of interpreting your
7 opinion is that a doctor suing a
8 patient based upon threats made by
9 the patient should be a remedy, if
10 at all, remedy of last resort?

11 MS. ROSENFELD: Objection.

12 A. Yes, if at all a remedy of
13 last resort.

14 Q. So engaging the
15 reasonableness of the doctor's
16 decision to employ the last resort,
17 wouldn't it be relevant for you to
18 assess the efforts that the doctor
19 made to avoid taking that last step?

20 A. Arguably, depending on what
21 they were.

22 Q. And you didn't do that in
23 this case?

24 A. Well --

25 MS. ROSENFELD: Objection to

1 PAUL S. APPELBAUM, M.D.

2 the form.

3 A. I haven't had available to
4 me the information about the
5 communications between the lawyers.

6 Q. And you didn't ask for
7 them?

8 A. If you want to present them
9 to me and ask for my opinion, I'm
10 happy to read them and give you my
11 opinion.

12 Q. Well, let's look at --
13 (Exhibit PA-8, E-mail, marked
14 for identification, as of this
15 date.)

16 Q. This is an e-mail from me
17 to then counsel for
18 John Doe in November of
19 2017. Have you seen this document
20 before?

21 A. No.

22 Q. But you've seen numerous --
23 withdrawn.

24 John Doe had sent
25 Dr. Conti a number of texts after

1 PAUL S. APPELBAUM, M.D.

2 discussing this issue of
3 psychiatrists, even in a therapeutic
4 type setting, observing conduct
5 that's in public or in front of a
6 number of other people being bound
7 by confidentiality in a litigation?

8 A. No, but I think it's a
9 highly unusual circumstance.

10 Q. Would it be fair to say
11 that this case itself is, in your
12 experience, highly unusual?

13 A. I think there are many
14 aspects of it that are highly
15 unusual.

16 Q. But the fact that there's a
17 litigation is highly unusual.

18 A. For a psychiatrist to have
19 sued a patient is extraordinarily
20 unusual.

21 Q. So would it be fair to say
22 that there are -- there's no body of
23 literature in the profession that
24 has addressed the propriety of a
25 client -- a patient -- a doctor

1 PAUL S. APPELBAUM, M.D.

2 suing a patient?

3 MS. ROSENFELD: Objection to
4 the form.

5 A. There are not to my
6 knowledge specific -- there is not
7 specific literature that addresses
8 doctors suing patients other than,
9 as we said earlier, outside the
10 billing context.

11 Q. In fact, in the billing
12 context it's even ethically
13 acceptable to provide patient
14 information to a collection agency?

15 MS. ROSENFELD: Objection to
16 the form.

17 A. Some information. Namely
18 information about the patient's
19 name, address, dates of service,
20 charges, but certainly not
21 information that was communicated
22 within the -- within the treatment
23 session.

24 Q. But in that circumstance
25 the information that was provided --

1 PAUL S. APPELBAUM, M.D.

2 that what happened in the treatment
3 session is really irrelevant to
4 whether or not the money is owed?

5 A. True. And therefore is not
6 disclosed.

7 Q. But certainly disclosing
8 the patient's name and other
9 identifying information and the fact
10 that the patient was being treated
11 can be disclosed for nonpayment of
12 fees?

13 A. Yes.

14 Q. But it's your opinion that
15 a doctor who sues because he
16 believes he was threatened and also
17 defamed, in particular believes he
18 was defamed, violates
19 confidentiality by suing even if he
20 makes sure that the complaint is
21 anonymized?

22 MS. ROSENFELD: Objection.

23 A. So not as a general matter,
24 no. But in this specific case, yes.

25 Q. And it was an ethical

1 PAUL S. APPELBAUM, M.D.

2 violation because you don't think
3 that the lawsuit was warranted?

4 A. It's an ethical violation
5 because in bringing this suit
6 Dr. Conti disclosed much more
7 confidential treatment related
8 information than was at all
9 necessary for the purpose for which
10 the disclosure was being made.

11 Q. So your view is not that he
12 had no right to sue but that he
13 divulged too much in the lawsuit?

14 MS. ROSENFELD: Objection.

15 A. Part of my opinion is
16 certainly that. We have also talked
17 about my opinion with regard to the
18 accuracy of his assessment of the
19 risk that he felt himself to be
20 under. But assuming he was going to
21 bring a suit, I think he had an
22 obligation to do so in a way that
23 was least revealing of the
24 confidential treatment related
25 information and he clearly failed to

1 PAUL S. APPELBAUM, M.D.

2 do that.

3 Q. How about a doctor's right
4 to sue for defamation, do you
5 believe a psychiatrist has the right
6 to sue for defamation?

7 A. I think in theory, yes,
8 done appropriately.

9 Q. And if a court were to
10 conclude that an adequate case for
11 defamation had at least been
12 pleaded, would that provide a basis
13 for concluding that the doctor had
14 not acted improperly in bringing the
15 action?

16 MS. ROSENFELD: Objection.

17 A. No. It would indicate that
18 the court believed that at least the
19 information necessary to plead a
20 defamation claim had been brought
21 but it doesn't speak to the question
22 of whether much more information
23 then was necessary for that was
24 disclosed.

25 Q. That's not my question.

1 PAUL S. APPELBAUM, M.D.

2 I'm just asking you about the fact
3 do you believe that the fact of
4 suing for defamation is per se
5 inappropriate?

6 A. No, I don't.

7 Q. And do you think that the
8 fact that a court upheld a claim for
9 defamation would be relevant to the
10 determination of whether a doctor
11 acted unethically in bringing the
12 suit?

13 MS. ROSENFELD: Objection.

14 A. No. I don't think that
15 that determines one way or the other
16 whether the doctor acted
17 unethically.

18 Q. So that how about if a
19 doctor were to win a defamation
20 suit, would that be relevant to
21 whether or not the doctor had acted
22 unethically?

23 A. No. I think it would speak
24 to the strength of the legal claim
25 but -- which would, as I was

1 PAUL S. APPELBAUM, M.D.

2 suggesting before, indicate that the
3 doctor had brought at least that
4 amount of information necessary to
5 prove the claim, but it wouldn't
6 speak to the ethical question of
7 whether he had brought much more
8 information than was necessary.

9 Q. I understand that. I'm
10 trying to separate out these issues.

11 One is, which I'm not asking
12 about right now, is whether the
13 doctor put too much information in.
14 I'm only asking about the question
15 if he brought a complaint for
16 defamation which met your standards
17 of providing the minimal amount of
18 information, would a court upholding
19 a complaint for defamation under
20 those circumstances in your view be
21 an indication that the doctor had
22 acted ethically?

23 MS. ROSENFELD: Objection.

24 A. No. I think the doctor
25 either acted ethically or he didn't.

1 PAUL S. APPELBAUM, M.D.

2 He might win or lose the defamation
3 claim but that is not material to
4 the question of whether he behaved
5 ethically or not.

6 Q. Just so I understand, it's
7 your view that unlike other views in
8 this country, psychiatrists or other
9 doctors are ethically prohibited at
10 times from pursuing claims that --
11 to protect themselves -- pursuing
12 claims that -- for their own benefit
13 to protect their rights?

14 MS. ROSENFELD: Objection.

15 A. No, I wouldn't say that at
16 all.

17 Q. So you are saying that a
18 doctor does have the right to bring
19 a meritorious defamation case as
20 long as he does not over-disclose?

21 MS. ROSENFELD: Objection to
22 the form.

23 A. In the right circumstances,
24 yes.

25 Q. Can you think of a

1 PAUL S. APPELBAUM, M.D.
2 circumstance where a doctor would be
3 prohibited from pursuing a
4 meritorious defamation case by
5 reason of the ethical rules of
6 misconduct?

7 MS. ROSENFELD: Objection.

8 A. Sure. Patient is manic or
9 psychotic or both and tells other
10 people that the doctor had abused
11 him in some way, beaten him with a
12 whip or hit him over the head with a
13 chair, arguably a defamatory
14 statement on the part of the
15 patient. The psychiatrist's
16 response to that should not be to
17 sue the patient for defamation but
18 to recognize that that's part of the
19 patient's illness and to
20 appropriately treat or continue
21 treating that illness.

22 Q. Just so I understand it.
23 So even if the manic patient managed
24 to get a story into the New York
25 Post that the doctor had sexually

1 PAUL S. APPELBAUM, M.D.

2 abused him, there should be no
3 defamation claim?

4 A. Insofar as the behavior of
5 the patient is a manifestation of
6 the illness, the appropriate
7 response is to treat the illness.

8 Q. So in your view in the
9 hypothetical situation I have given
10 you, the doctor should remain silent
11 in the face of a false accusation of
12 sexually assaulting a patient?

13 A. No, I mean I can't be that
14 broad in a statement like that.

15 Q. You said a minute ago that
16 if a patient makes an outrageous
17 allegation and they are in a manic
18 state, the doctor should not sue for
19 defamation, should be doing dealing
20 with it within the confines of the
21 relationship.

22 I then asked you well, suppose
23 the patient manages to get the story
24 into the newspaper, perhaps because
25 of who the patient is, and there's a

1 PAUL S. APPELBAUM, M.D.

2 page 3 story in the New York Post
3 that this doctor whipped his
4 patient. Is it your view that the
5 doctor under those circumstances
6 should remain silent and just allow
7 that story to go unrebutted?

8 A. No, it's not my view that
9 the doctor should remain silent and,
10 you know, I will concede to you and
11 I have said this clearly I think
12 already, that there may be
13 circumstances under which defamation
14 claims are appropriate to pursue.
15 But merely because a defamatory
16 statement has been made is not
17 necessarily one of those situations
18 when there are other ways and better
19 ways to deal with it within the
20 framework of the treatment.

21 Q. Well, is there any standard
22 expressed in ethical rules as to
23 what the dividing line is between
24 when it's appropriate for a
25 psychiatrist to sue for defamation

1 PAUL S. APPELBAUM, M.D.

2 and it's not appropriate for a
3 psychiatrist to sue for defamation?

4 A. Not that I'm aware of
5 because I have never before this
6 case ever heard of a psychiatrist
7 who sued a patient for defamation.

8 Q. In terms of the other steps
9 that a psychiatrist might take,
10 would seeking to find a pretrial
11 resolution -- a prelitigation
12 resolution of some kind be a step
13 that a psychiatrist might take as in
14 an effort to avoid making disputes
15 public?

16 A. Yes.

17 Q. Okay. And that would in
18 the abstract not be an unreasonable
19 attempt to solve the problem of
20 confidentiality?

21 A. In the abstract, no.

22 Q. It would be --

23 A. It would not be
24 unreasonable.

25 Q. It would not be

1 PAUL S. APPELBAUM, M.D.

2 A. So the principle -- so I
3 just want to clarify here --

4 Q. Or conduct.

5 A. Yeah, conduct. Principles
6 are, you know, much, much broader
7 and overarching. We are talking
8 about specific behaviors.

9 Q. Spectrum of conduct. In
10 your opinion, where on the spectrum
11 of conduct, given that this is a
12 unique circumstance, where in the
13 spectrum of agreement on conduct
14 would your opinion in this case lie?

15 A. I think you would find very
16 substantial agreement among
17 psychiatrists with regard to the
18 opinions that I expressed in this
19 case about the application of the
20 ethics of psychiatry. To know for
21 sure we'd have to go out and ask a
22 lot of psychiatrists but that is my
23 belief.

24 Q. Well, I just want to ask
25 you a couple more questions. Do you

1 PAUL S. APPELBAUM, M.D.

2 have in your own mind an estimate of
3 what percentage of the psychiatric
4 community would agree with your
5 conclusions?

6 A. No.

7 MS. ROSENFELD: Objection.

8 A. I can't give you a number.

9 Q. Is it your view that there
10 would be -- would it be a plurality
11 of psychiatrists who would agree
12 with your conclusions?

13 MS. ROSENFELD: Objection.

14 A. I would think at the very
15 least a plurality but -- indeed a
16 majority, but I don't think I can
17 put a number on that.

18 Q. Okay. It's because this
19 situation is so unusual you really
20 can't, so to speak, handicap how
21 accepted your conclusions would be
22 with respect to the facts of this
23 case?

24 MS. ROSENFELD: Objection to
25 the form.

1 PAUL S. APPELBAUM, M.D.

2 A. Well, so that's not what I
3 said a few minutes ago. What I said
4 a few minutes ago was I think my
5 conclusions with regard to this case
6 in fact would represent the views of
7 a clear majority of psychiatrists
8 and the dominant view in the
9 profession.

10 Q. But that's based upon
11 your --

12 A. My sense of the ethics of
13 psychiatry and the ways in which
14 those ethics are applied to specific
15 questions in psychiatry.

16 Q. I'm going to ask a few more
17 questions. We are getting to the
18 end by the way. By the way, are
19 there any rules -- are there any
20 ethical principles about
21 overcharging psychiatric patients?

22 A. Yes. Charges should be
23 within a reasonable range and
24 certainly patients should,
25 particularly in vulnerable patients

1 PAUL S. APPELBAUM, M.D.

2 MR. BURSTEIN: Yeah, June 14,
3 2017, starting with June 14 of
4 2017.

5 Q. And if we look at the
6 second page, Dr. Jenike -- Dr. Conti
7 writes to Dr. Jenike, "I'm happy to
8 talk to you and John Doe. Think that
9 would be helpful to him."

10 Now, in the first instance we
11 have agreed that the offers that
12 Dr. Conti made in April on
13 termination in his e-mail were
14 appropriate offers?

15 A. Yes.

16 Q. And now, this is a couple
17 months later and he writes, "I'm
18 happy to talk if you and John Doe
19 think that would be helpful to him.
20 I would like a straightforward
21 authorization from John Doe to do
22 this."

23 That's nothing improper about
24 wanting an authorization from
25 John Doe, correct?

1 PAUL S. APPELBAUM, M.D.

2 A. Yes.

3 Q. In fact, it would be
4 required?

5 A. Yes.

6 Q. "And I would also request
7 authorization to bill for any time
8 spent in clinical conversation."

9 Now, he then goes on to say,
10 "I have spent a fair amount of
11 unbillable time since we ended care
12 and there is also a small
13 outstanding balance from before
14 which I would appreciate clearing."

15 Certainly it wasn't
16 unreasonable for Dr. Conti to ask
17 that a prior balance be paid?

18 A. No.

19 Q. Okay. And there was also
20 no obligation for him to talk to
21 Dr. Jenike, correct?

22 A. Correct.

23 Q. He could have just said I'm
24 going to send the files, right?

25 A. Correct. Although I would

1 PAUL S. APPELBAUM, M.D.

2 suggest that if upon receipt of the
3 files Dr. Jenike then said thanks
4 for the files but you know I have a
5 couple of questions, can we talk on
6 the phone, that there is an
7 obligation to respond to questions.

8 Q. But that never happened in
9 this case?

10 A. As far as I'm aware, no.

11 Q. And in fact, Dr. Jenike
12 never even asked for Dr. Conti's
13 files; isn't that correct?

14 A. I don't know the answer to
15 that.

16 Q. And Dr. Conti -- do you
17 read this e-mail saying that he
18 would not speak to Dr. Jenike under
19 any circumstances unless he was paid
20 for his time?

21 A. That's how I read that.

22 Q. So when he says I would
23 also request authorization to bill
24 for any time spent in clinical
25 conversation, he wasn't saying that

1 PAUL S. APPELBAUM, M.D.

2 he would not assist in transition,
3 right?

4 A. I think what he's saying is
5 if you want to talk to me on the
6 phone, I want to be able to bill for
7 that time.

8 Q. But he had no obligation to
9 speak to him on the phone?

10 A. Well, he had an obligation
11 to communicate the information.

12 Q. But he never said he
13 wouldn't send his files to
14 Dr. Jenike, did he?

15 A. He didn't offer to send
16 those files in lieu of a
17 person-to-person communication.
18 What Dr. Jenike -- well, what he
19 seems to be addressing here, whether
20 it was at Dr. Jenike's request or at
21 the patient's request, is the
22 question of can we talk on the phone
23 and you can tell me about your
24 treatment of John Doe. And his
25 response is, A, I want an